



# Carmel Elementary School Newsletter

## Carmel Link

Edition 8  
12 October 2018 | 3 Cheshvan 5779



### Parasha Noach

Candle Lighting: 5:43pm

Shabbat Ends: 6:34pm

### Security Patrol

**Monday 15 October**

Mr. & Mrs. Harel

**Tuesday 16 October**

Mr. & Mrs. Hasofer

**Wednesday 17 October**

Public Holiday

**Thursday 18 October**

Mr. & Mrs. Hentz

**Friday 19 October**

Mr. & Mrs. Hagag

### Happy Birthday to...

Zoe Apfelbaum

Yarin Sheynhaft

### Flu Vaccination Forms

The HK Department of Health has already collected all the consent forms on Monday (the deadline was last Friday) and will not accept any additional submissions.

Date	Event	Reminder
Wednesday 17 Oct	Public Holiday	No School
Tuesday 23 Oct	Vision Screening	Please sign up via form at the back of the Carmel Link
Wednesday 24 Oct - Thursday 25 Oct	Book Cafe	K-5 students to dress as their favorite book character. Refer to Flexibuzz for schedule & times. Suggested amount is \$200 per child. Parents invited to join.
Thursday 8 Nov	Parent Teacher Conference I	Please complete online form. Forms were emailed on Monday, 8 October <a href="https://www.carmel.edu.hk/ptc-s11819">https://www.carmel.edu.hk/ptc-s11819</a> .
Thursday 22 Nov	Parent Teacher Conference II	

**DRESS AS YOUR FAVOURITE BOOK CHARACTER**

Don't forget to send money with your child on the day!

Recommended amount HK\$ 200  
Books available in Hebrew, English and Chinese

Book Cafe Schedule

Art is a universal language. Come and learn more about the current Unit of Inquiry at

## ART TALKS

**A Unit of Inquiry Showcase**

**When?** Thursday 18 October • 8:10-8:50am  
**Where?** Grade 4 and 5 Classrooms, Shau Kei Wan campus



# Carmel Elementary

## Dress as your Hero! We raised \$1920



As part of the Grades 2-3 Unit of Inquiry 'Heroes help, inspire and influence our identity' Carmel Elementary students dressed as their favorite heroes.

















# Carmel Elementary

## French Curriculum Evening

Thank you to the parents who joined our French Curriculum Information Session on Thursday evening.

Our parents learned about our French programme from our Teachers, Ms. Cecile Parisot and Ms. Vanessa Montini. Mrs. Friedmann also addressed the parents in French.

To learn more about our programme, please contact us.



## Art Supplies

The Art department needs your help with supplies! If you have any bits and pieces of toys, figures, caps, buttons etc in primary colors, please bring them in! They will become a part of a large school installation piece!





# New Apps – learn to type!

Keyboarding can help students learn the keyboard alphabet and help increase their typing speed and keyboard familiarity. !

It is important for today's students to have some typing proficiency. With an increasing number of online assessments, learning to type is an essential skill.

Help your child build finger dexterity by downloading these apps and letting them learn today!

**There will be a house-based contest for Grades 3-5 soon!**

Try the links below:  
<https://typetastic.com/>

<https://www.typingtest.com/>

<https://thetypingcat.com/typing-speed-test/1m>



T"03

Carmel School Association  
Elsa High School



Tuesday, 23 October 2018  
6:00-8:00pm

[www.carmel.edu.hk/open-day](http://www.carmel.edu.hk/open-day)



Main Vendor

**BOOK a ZINE**

## Carmel PTA Book Café

**24 and 25 October from 9:00am – 6:00pm**

**JCC L3 Garden Room, 70 Robinson Road, Mid-Levels**

Adult, Teenage and children's books for sale.

Coffee, tea and nibbles will be served throughout the day.

Suggested amount to send with students is HK\$150-200.

For non-JCC members please bring your HKID card for identification at the entrance.

**Extra Highlights!**

Mandarin, French and  
second-hand Hebrew  
books on sale

**JCC and BRC students**  
Come dressed as your  
favourite book  
character!  
Details and dates to  
follow

## Book Cafe Schedule

Wednesday, 24 October 2018

Grade 3	9:25am – 10:00am
Grade 1	10:25am – 11:00am

Thursday, 25 October 2018

Grade 2H	8:40am – 9:10am
Grade 2S	9:30am – 10:00am
Kindergarten	10:30am – 11:00am
Grade 4 & 5	2:50pm – 3:20pm All Grades 4-5 students will be dismissed from the JCC. Cross-country students will be taken directly to Happy Valley and should be picked up from Happy Valley at 4.20pm.





**Labels will be  
sent home  
today!**

CHILDREN HELPING CHILDREN

Some children have never received a gift!  
Help us share the joy this year

AND

## DONATE A BOX OF HOPE

It is so simple:



1. Wrap a box



2. Add the NEW gifts



3. Drop off the box

Teach your child the importance of **GIVING**  
and make another child **SMILE**

DROP OFF DATES 5<sup>TH</sup> - 9<sup>TH</sup> NOVEMBER

See reverse for details  
Enter our Design Competition and  
help us deliver Boxes of Hope -  
see website for details

**[www.boxofhope.org](http://www.boxofhope.org)**

  @boxofhopehk #boxofhope2018

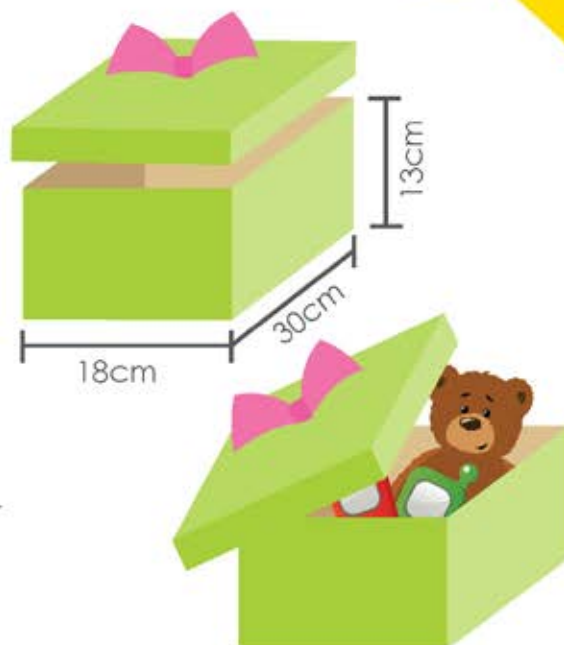




## How It Works:

Find an empty medium-size shoe box, approximately 18 x 30 x 13cm. Wrap the lid and box SEPARATELY in wrapping paper.

- PLEASE DO NOT wrap any items individually.
- Please secure the lid with an elastic band, and DO NOT seal the box (as it may need to be checked to ensure it meets Customs requirements).



## WHAT TO PACK:

- HYGIENE ITEMS: each box must include a toothbrush + toothpaste and a BAR of soap. Other additional items can include face cloth, hairbrush or comb, hair clips or ties, baby wipes.
- EDUCATIONAL SUPPLIES: each box must include a notepad & pen/ pencil. Other additional items can include pencil sharpener, maths set, calculator, books (Chinese or simple English), erasers, colouring book, pencil case.
- FUN & ACTIVE ITEMS: some ideas include playing cards, puzzles, stickers, card games, yoyo, small musical instrument, balls, skipping rope, travel size board games.
- SOMETHING TO LOVE: items for them to cherish such as toy cars & trucks, robots, dolls, jewellery, watch, wind-up torch, sunglasses, soft toys, wallet or purse.

## WHAT NOT TO PACK:

- NO FOOD / MEDICINE / WAR RELATED ITEMS (toy guns/ soldiers/ knives)
- NO CLOTHING or NO FRAGILE ITEMS Glass containers/ mirrors
- NO LIQUIDS of any kind (including blow bubbles/ shampoo/ bubble bath/ toiletry sets/aerosols)
- NO DANGEROUS ITEMS (marbles/ sharp objects/ scissors/ razors)

## WHERE TO TAKE YOUR BOX:

See Website for a full list of Drop Off Locations

[www.boxofhope.org](http://www.boxofhope.org)

WHEN?: 5<sup>TH</sup> - 9<sup>TH</sup> NOVEMBER

Get Involved This Year And Make A Difference



@boxofhopehk #boxofhope2018



# Carmel School Vision Screening Programme



From 22nd October 2018

## Does your child see properly? Are you sure that your child sees equally well with both eyes?

Why is it important for my child to have regular eye examinations? Children with uncorrected visual conditions can face many barriers, academically, socially and athletically. Your child's vision is developing during the first 7 to 8 years of life. Small visual problems can interrupt this development and lead to permanently reduced vision (lazy eye, or amblyopia) if not detected during this critical time.



### Amblyopia

is reduced vision, when the brain favours one eye over the other, usually due to uneven focussing or when the eyes are

misaligned. Lazy eye responds well to treatment before the age of 7, after this time the brain cells have stopped developing and can not be stimulated to improve poor vision, and the lazy eye becomes permanently impaired.

### Myopia (short sight) and Hyperopia (long sight)

Those with short sight will have problems seeing distant objects, making blackboard- or whiteboard-work difficult. Excessive long sight in a child will cause near vision problems and may result in cross eyes.

### Binocular Vision

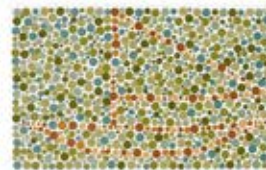
Eyes which work together well give good depth judgment, important for such diverse tasks as writing, catching a ball, pouring water into a container, stepping off the curb, judging oncoming traffic, and driving. A lack of binocular vision can cause eye strain, headaches and a reluctance for close work.

Can I borrow your car, Mum?



### Colour Vision

About 8% of males and 1% of females are colour deficient, with red/green problems being the most common. Usually hereditary, colour vision problems can not be cured but those affected can be taught to adapt, as many learning materials are colour coded.



Can you see the boat?

### How do we screen vision?

It's fun! You do not have to read the alphabet to have an eye test!

Young children can match or name shapes or letters on distance and near charts. Binocular vision is assessed using following and fixating tasks with toys and lights, and 3-D charts. Colour Vision is measured using patterns of coloured dots in recognizable shapes or pictures.





Clinic:

Matilda International Hospital

41 Mount Kellett Road

The Peak, Hong Kong

Tel 2849 1500

Optometrist Suzan Salnikow, BSc MCOptom will visit Carmel School from Monday 22nd October 2018 to conduct Visual Screening Tests. Suzan is a HK based, UK trained optometrist who sees mainly children and babies in her clinics.

On average, detection rates are around 10%, usually the parents and child are unaware of any problems.

Parents will be advised of the results by letter, and where appropriate asked to contact the optometrist for further advice. Alternatively, a full examination, at extra charge can be arranged by contacting the clinics directly.

The fee per child is \$220, payable by cheque to

**Suzan Salnikow.**

Please return to school by

Wednesday 17th October 2018

**I would like my child to receive a Visual Screening**

**Child's Name.....**

**Class.....**

**Has your child had any previous problem with their eyes requiring treatment, eg, spectacles, patching, exercises, operations? (Children with known visual problems, including glasses, are not suitable candidates for screening)**

**How is your child's general health?**

**Is there a family history of squint, lazy eye or colour vision problems?**

**Do you think your child's vision is good for both distance and close work?**

**Any comments/concerns for the optometrist?**